



Bariatric Surgery Questionnaire

for initial consultation/consideration

(Insert surgeon's name here)

(Insert company/ hospital details here)

Print this questionnaire for each surgeon you are considering. The questions are listed in the left column and space for the responses you receive along with your personal notes have been provided to the right of each question. Blank boxes have been provided for additional questions you may want to ask.

When beginning your phone call or meeting let the representative you are speaking with know that you have several questions to ask

Note the date, time, phone number and representative's name for future reference:

Date & time of scheduled phone call: _____

Phone number: _____

Representative's name: _____

Consultant / Surgeons name: _____

Date & time of interview: _____

Address: _____

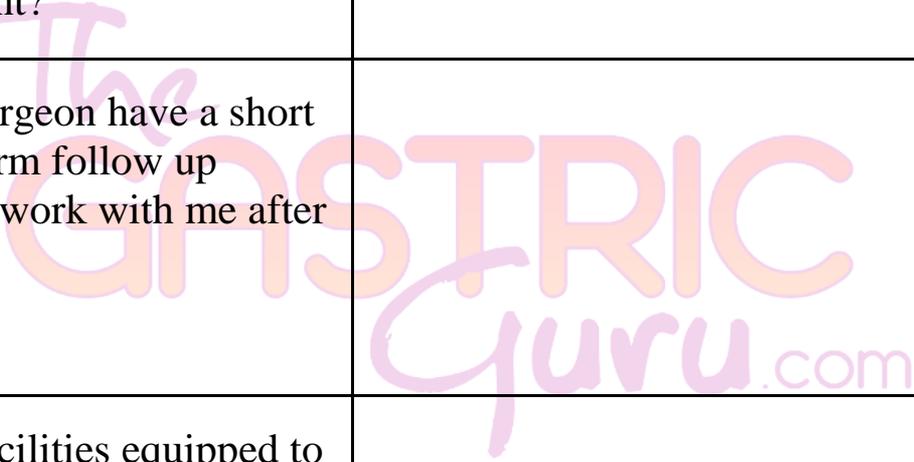
Give the person you are talking to a brief history of your relationship with food, dieting and weight loss and weight gain



Question	Response
Would you consider me to be a good candidate for Weightless Surgery?	
Can Bariatric Surgery help improve any health conditions, such as diabetes, high cholesterol or sleep apnoea that I may have?	
What are the different types of weight loss surgery available from yourselves?	
Are there any types of weight loss surgery that you do not perform and why?	
What percentage of your experience is directly with bariatric surgery patients?	

How many bariatric procedures of each type does your practice perform per year?	
How many bariatric procedures of each type does the recommended surgeon perform per year?	

<p>What are the surgeon's complication and mortality rates for each type of surgery?</p>	
<p>What are the risks and benefits of each type of surgery that you perform?</p>	
<p>How long will I have to wait for an initial consultation?</p>	
<p>How long after the initial consultation and approval can I expect surgery?</p>	
<p>Please briefly outline the professionals who will be directly responsible for my care along with their qualifications.</p>	<p>Bariatric program coordinator/ daily contacts</p> <p>Bariatric nurses supporting the surgeon before, during and after surgery</p> <p>Anaesthesiologist – (get the anaesthesiologist's name confirm that they have been certified).</p> <p>Psychologist –</p> <p>Insurance coordinator (if you have insurance) –</p>

<p>What is the expected surgery duration for each procedure?</p>	
<p>What is the approx. time in hospital for each type of surgery?</p>	
<p>Will another doctor be assisting the surgeon during surgery? If so, what are the assistant's qualifications and how involved will he/she be in my treatment?</p>	
<p>Does the surgeon have a short and long-term follow up program to work with me after surgery?</p>	
<p>Are your facilities equipped to handle obese patients?</p>	
<p>How will the suggested surgery help me to lose weight?</p>	
<p>Is it likely that I will regain weight after surgery?</p>	



What is the expected weight loss success for each?	
Will I have to have further surgery/revision, if I don't reach my expectations?	
Do you offer seminars for potential patients? If so what are the upcoming dates and times and where are they held?	

Additional questions you've come up with (if any)	

Date & time of interview: _____

Address: _____



GENERAL QUESTIONS

Question/Comment	Response/Notes
<p>Give the surgeon a brief overview of what you have already learned...</p> <p>Why you feel you are a good candidate for surgery</p> <p>Which types of bariatric surgery you are considering</p>	
<p>What is your understanding about the potential bariatric surgery complications and risks?</p>	
<p>What percentage of patients do you deny and why?</p>	
<p>Which surgery do you believe is right for me and why?</p>	
<p>What you expect your life after weight loss surgery to be like?</p>	

<p>Out of the 5 or 6 surgeries backed by varying levels of research, why has the surgeon chosen to become an expert in their specific procedures?</p>	

PROCEDURE QUESTIONS

Question/Comment	Response/Notes
<p>Please give me an overview about what I will need to do in the weeks leading up to surgery.</p>	
<p>What do I need to do to prepare myself mentally and physically before surgery?</p>	

<p>Will you be using any new technology techniques during the procedure? If so, has it been proven effective? Does your team have experience using such technology (i.e. how long, at which hospitals, and with what degree of success).</p>	
<p>What will happen immediately after surgery and what do you expect recovery to be like?</p>	

RISKS, COMPLICATIONS AND SIDE EFFECTS QUESTIONS

Question/Comment	Response/Notes
<p>What are the bariatric surgery complications that patients experience most with the procedure(s) I am considering?</p>	
<p>How do my specific characteristics impact my risk for complications?</p>	
<p>What can be done to prevent blood clots?</p>	



What can I expect in the terms of wounds and scarring after surgery?	
What bowel function changes should I expect following surgery?	
I have read that as many as 1/3 of bariatric surgery patients develop gallstones in the years following surgery. Is removing my gall bladder during surgery something that should be considered?	

FINANCIAL QUESTIONS

Question/Comment	Response/Notes
How much will this cost	
Is there finance available	
Are there any additional costs for aftercare and what can I expect that to be?	

AFTER-CARE QUESTIONS

Question/Comment	Response/Notes
Tell me about your patient after-care program and how you help patients achieve and maintain their goal weight.	
What will my diet and bariatric vitamin regimen be following surgery?	
What is your long-term plan for monitoring my health?	
Will I receive fitness advice and see a physiotherapist in my post op care?	
Are there Support Groups available for long term support? If so who and where?	
When can I return to work after surgery?	
When can I drive post-surgery?	
What are the guidance for returning to the gym post-surgery?	

Question/Comment	Response/Notes
What is recommended post-surgery to reduce gas pain and discomfort?	
What levels of protein do you recommend post-surgery?	
How much fluids are recommended post-surgery?	
When can I return to swimming?	
When can I have a bath?	
Do I have to follow a post-operative diet plan? If so, for how long?	
Will following portion control help with long term success?	
Do I have to take medication in liquid form? If so for how long?	
Are there any types of pain relief or medication that I am advised not to take post-surgery?	