



Bariatric Surgery Questionnaire

Initial Weight Loss Consultation with your GP

This guidance applies to N.H.S. England only.

This sheet is to assist you in researching your weight loss surgery options.

The National Health Service uses a Tier system to show progress through pathways.

Bariatric Surgery falls under the Specialist Weight Management Pathway.

Advice: Please visit and speak with your GP initially to find out their thoughts and what support may be available to you going forward.

- This preparation questionnaire is to assist you in an initial consultation with your GP to discuss your options for weight loss surgery whether that be through the NHS route or private surgery.
- This sheet is to assist you with any questions you have for your GP over the personal benefits of weight loss surgery.
- This sheet is to assist you with gaining an initial understanding of what support your GP may be able to offer you going forward with your weight loss surgery journey.

(Insert GP name here)

(GP practice details here)

Date & time of appointment: _____



The questions below are listed in the left column and space for the responses you receive along with your personal notes have been provided to the right of each question. Blank boxes have been provided for additional questions you may want to ask.

*CCG - Clinical Commissioning Groups: clinically-led statutory NHS bodies responsible for the planning and commissioning of health care services for their local area.

The tier system can be explained as follow

TIER 1, Includes services available to everyone for example your council run sports centre, exercise group.

TIER 2, Covers life style interventions such as diet and exercise also commonly in England your G.P.s interventions such as medicines to aid weight loss.

TIER 3, Includes specialist weight management services, this is where your G.P. refers you for consideration and assessment for bariatric surgery.

TIER 4, Includes bariatric surgery, this is where you will meet your surgeon, and have your operation.

Question/Comment	Response/Notes
<p>I have been considering weight loss surgery, what are your opinions on this?</p>	
<p>I am concerned over my health, and believe that my condition could be weight related:</p> <ul style="list-style-type: none"> - High blood pressure - High cholesterol - Type 2 diabetes - Mental health/relationship with food - Depression - Sleep apnea and breathing problems - Mobility - Back problems - Arthritis and joint problems - Urinary incontinence - Heart condition - at risk of heart attack, stroke - Cancer (prostate, breast, ovarian, endometrial) - Acid reflux <p>Can weight loss surgery help? How?</p>	

Question/Comment	Response/Notes
What other health issues can weight loss surgery relieve?	
What specific health issues relating to me may weight loss surgery relieve?	
Can you explain what benefits there will be for me personally of having weight loss surgery?	
If I were to go private what would the differences be from that of the NHS route?	
In your opinion would I be eligible for weight loss surgery on the NHS?	Y / N
In your opinion would I be eligible for private weight loss surgery?	Y / N
Do you have any recommendations or advice on this matter?	
Would you and the CCG be happy to support me if I took the private surgery route?	Y / N
What would this support involve?	

Question/Comment	Response/Notes
Give the surgeon a brief overview of what you have already learned...	
Why you feel you are a good candidate for surgery	
What can I expect from having this appointment with you today?	
Additional questions you've come up with (if any)	

C.C.G.	Clinical commissioning group is the group responsible for the commissioning of health care.
N.I.C.E.	National Institute for Health and care excellence www.nice.org.uk
N.H.S.	National health service Www.nhs.uk
B.M.I.	Body mass index
MDT	Multidisciplinary team



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